

The Canticle

HELLO
August

Clergy Letter

Happy August, CTK Family!

As is my family's tradition, we are currently spending a week at Camp Galilee on the eastern shore of Lake Tahoe, where I'm serving as the visiting chaplain for the week. For a week each year, I spend time providing morning chapel, offering afternoon sessions of "stump the chaplain" (where the kids get to ask all their big questions, and I do my best to answer them), and, by evening, helping the camp director, Stuart, play guitar for campfire. Our boys are participating as campers, and Eva is working as support staff, while Jane gets a bit of vacation-time to spend at the lake and visit friends in the area before starting her first out-of-the-house job in 16 years! Serving as chaplain for the week became a part of our annual family tradition back in 2016 when I was invited to bring my family to Galilee and serve as the resident chaplain for the whole summer. I was working as supply clergy at the time, teaching college-level philosophy courses for a local charter high-school, and sending out application after application for tenure-track faculty positions. That summer, working at Camp Galilee, I realized how much I missed parish ministry. It became my transition point from looking fruitlessly for academic jobs to searching again for the parish ministry callings that feed my soul and bring me joy and hope.

August itself is a transitional month as teachers, students, and families with school-aged children turn from our summer activities toward the start of the school year. I won't call it Autumn, as that doesn't happen until September 23rd, but it is a shift in our focus and our energy that draws us back toward home and brings the familiar structure and patterns of the "school year." For my family, that also means Anthony's fifteenth birthday, Eva's driver's license test, the last visits from far away friends, and the start of Jane's new job!

Here at CTK, we also have a transition point as we celebrate the feast of the Transfiguration on August 6th. From there, we'll pivot from gospels about what the kingdom of heaven is like to experiential gospels that demonstrate the importance of how we live our lives in the world. From the mountain-top, we next hear the story of Jesus and Peter walking on water, the lesson from the Syrophenician woman, and Jesus' exhortation to the disciples not to tell people he's the messiah. Each of these ties into lived lessons and the organic process of forming relationship both with each other and with God. Within the context of my family's current week at Camp Galilee, I certainly think of camp as well as the lessons in relationship building my children learn socially at school, but of course these lessons don't stop as we become adults, or as some of us become parents, or as some of us become grandpar-

**The Church of Christ
the King Episcopal**
6490 Carr Street
Arvada, CO 80004

August 2023

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CTK Vision Statement:

We believe that God is calling Christ the King to create a spiritual home where

- * *We center ourselves in God, Father, Son and Holy Spirit,*
- * *We build connections among our members and our neighbors, and*
- * *We join with our neighbors in caring for our community and God's world.*

Website:

www.ctkarvada.org

[Check us out on Facebook!](#)

[We're also on YouTube!](#)

Worship Services

Sunday, August 6
Holy Eucharist
9:30am - Church & YouTube

Sunday, August 13
Holy Eucharist
9:30am - Church & YouTube

Sunday, August 20
Holy Eucharist
9:30am - Church & YouTube

Sunday, August 27
Holy Eucharist
9:30am - Church & YouTube

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Deadline:

Please submit articles by the
15th of the prior month.

ents, or as we all continue to learn and grow in our friendships and other significant relationships in our lives. The ways we reach out from our embodied selves to share life with those around us forms us, and our lessons this month in our gospels as well as in our continuing stories from Abraham and Sarah's family (culminating in the birth of Moses at the end of the month) remind us that one of the constants of our human condition across the millennia from scripture to the present is learning to be in relationship with integrity, vulnerability, and mutual care.

May these transitional weeks ahead find us blessed as we continue our work and ministry together heading into the "school year" and autumn beyond!



Austin

Vestry Corner

Vestry Update

Vestry Corner for August 2023

The July vestry meeting was dedicated to a Q&A about converting to solar power for the church. The vestry voted to approve going forward with LivSolar and installing a solar system. Please see the summary starting below and continuing on next page.

Barbara Jennings, Senior Warden

Treasurer's Report

Income/Expense Report

June 2023

Total Income = \$22,394.74
Total Expenses = \$22,546.59
Net Income = **(\$151.85)**

Year to Date as of June 30, 2023

YTD total Income \$144,402.47
YTD total Expenses \$145,096.63
YTD net income **(\$694.16)**
YTD = Year to Date

Summary of Solar System

Why did our CTK Vestry consider solar?

Our expenses and our limited budget were primary:

Each year, our electricity becomes more and more expensive. Looking at the ways we could help control those expenses, we looked at efficiency, which helps, and which Mike Paugh has done a tremendous job of helping us achieve with our updated LED lighting, but which doesn't control the raising rates of electricity. Looking at our campus, and the type of roof we have, solar was suggested as a way to stop the monthly rise in our electricity bill. So for the past five months, the vestry has discussed a solar system for our parish that could help alleviate these increasing costs. Our solar broker considered several solar contractors and helped us find the best rate for the best system as well as helping us figure out how to pay for it.

The most important factor in our decision were the models for cost, which locks in a set monthly bill at our current average electricity costs rather than continuing to escalate every year. The locked-in rate, which pays for our system, after twenty years also goes away and our electricity bill drops to just the administrative fees for being Xcel customers. At that point our savings become quite dramatic.

Summary of Solar System Cont.

In addition to the financial benefits, we also reap an environmental benefit as we produce clean solar energy, reducing CO's need for energy from fossil fuels.

The System Cost: \$110,000 (*incl. all admin/vendor/construction fees*)

How we pay for it: (Unless we have parishioners who are excited enough to cover part or all of the cost, the system is paid for by loans which set that unchanging rate of our monthly bill at our current average monthly electricity costs)

- * \$30,473 comes from a federal cash rebate (we take a bridge loan to cover that portion of the cost, which is paid back when we get our rebate).
- * \$79,604 comes from a Colorado PACE loan.
- * Total cost over 20-year loan: \$138,692
- * Total energy savings over 20-year loan: \$196,939
- * Net 20 Year savings: \$58,274 *After which we save about \$15k+ per year because it's paid for! (By year 35, estimated total net savings are \$393,118)*

The benefit:

Our electricity bill goes to \$0/month and the escalating costs of electricity are replaced with a fixed rate loan that is less than our current electricity bill.

Negatives:

While our electricity bill goes away, the monthly payment on the \$79k loan remains fixed at slightly less than our current average monthly electricity payment for twenty years. (We currently pay an average of \$633/month and the loan payment is \$578/month).

There will likely be interest payments on the bridge loan totaling \$152/month once we have used that loan (we can use it last to save on interest payments). Those payments would continue until we receive our federal rebate. The vendors are donating \$1,000 to help offset the costs in the first year so that we roughly break even (it is estimated the system will cost us \$132 more in 2024 than our electricity will have cost us).

Additional Information about the solar system:

- * Annual Production: 48,692 kwh
- * Current Usage: 44,340 kwh (Pre-COVID19 numbers)

* Offset: 109%

Warranties

25 year production, parts and labor – Solar Panels
25 year parts and labor – Inverters

Monitoring

Church will have its own computer software for ongoing monitoring of the system for production.

Additional Service

Installer will visit the site twice a year to check system at no additional cost. Roof Inspection prior to installation included. Includes all engineering fees and permits.

Maintenance:

Solar systems generally require little or no maintenance since they are non-moving parts. It is recommended that you spray the panels once or twice a year with a hose to remove dust and dirt film. The solar installer has provided a complementary operating and maintenance service for the first two years after installation.

Installation:

The Installer will provide a draw down and installation schedule. Once financing is improved it is estimated that the system should be installed within approximately 120 days.

Federal Direct Pay Rebate:

The Inflation Reduction Act introduced a 30% Federal Direct Pay rebate to non-profits, exempt from income tax, who invest in renewable energy. Systems installed in 2023 are eligible to file for the rebate in 2024.

How do you get your refund:

- * Cash refund after filing of a tax return (Form 990-T/Form 3800)
- * If you want to receive a Direct Pay option, you should pre-file with an online form that will be available later this year (Fall) -submit basic information to get a unique registration number.
- * You may transfer your Direct Pay to a third party; must fill out a transfer election statement.

If you have questions please contact Rev. Austin or Larry Healy.



Call for Entries

In September the Episcopal church celebrates the Season of Creation and our September Canticle will have a special section devoted to how our CTK congregation experiences God's wonderful creation. Share with your church family your favorite: song, poem, quote, photo or favorite place to travel, hike and explore. Send all submissions to office@ctkarvada.org by Monday, August 21st.

Caring Connections



Open Offering and Outreach for August

The open offering for the month of August will go to the General Fund.

Breakfast at The Rising Thursday, August 10, 8:00a.m.

Christ the King will be serving breakfast at The Rising in Olde Town Arvada on Thursday, August 10. All are welcome to help. Please contact Mary Beattie if interested.



Climate Care Group Thursday, August 10, 6:00p.m.

We are getting ready to celebrate Season of Creation for our second year at Christ the King.

Season of Creation is an annual, ecumenical celebration of prayer and action to protect our planet Earth, and begins on September 1st and ends on October 4th. The theme for this year is Let Justice and Peace Flow, and encourages us to "...repent of our ecological sins and to change our attitudes and actions." (seasonofcreation.org) We are also being asked to learn more about the ways that indigenous communities live in harmony with nature, honoring all that she teaches about the sacredness our being connected with all of Creation.

Please be on the look out for specific dates and information pertaining to our 2 or 3 new ideas as to how we can celebrate Season of Creation 2023 at CTK. Social Justice Conversations and Climate Care have been collaborating about an idea also.

Our next Climate Care meeting will be Thursday, August 10th, NOT August 3rd, at 6 PM, on Zoom, please email Cathy Atkinson at if you are interested in joining us!



Crafters of the King

The Crafters are hard at work preparing for their annual Craft Fair planned around the Christmas Tea, which is scheduled to be held on Saturday, December 2, 2023. All proceeds from craft sales will go to the

Christ the King General Fund.

The Crafters always welcome new members. We hold our meetings as follows:

- The CTK Crafters regular monthly meeting is held on the second Monday of each month (August 14, 2023 from 10:00 a.m. until 12 noon) in Kempshell Hall. We are planning to work on beaded bracelets for the Craft Fair, all materials will be provided.
- The Quilters and Crafters Open House Craft Day is held on the fourth Saturday of each month (August 26, 2023 from 10 a.m. until 3 p.m.) in Kempshell Hall. Feel free to drop in to join us for however long you wish. You can bring a lunch with you if you wish and enjoy fellowship and an amazing look into the world of quilting and crafting!

The Crafters continue to look for a variety of unique handmade craft items to include in this year's offerings. You can help us succeed in this endeavor in the following ways:

- If you are a crafter and would like to donate some of your own items to be included for sale, we welcome whatever you wish to share.
- If you would like to donate craft supplies such as yarn, beads, thread, or fabric, these items would be most appreciated.
- If you have an idea for something you have seen or an item you have that our crafters could make, please share this with our craft group.

Please contact Pat Barker, Kay Seiler or Peggy Broderick for more information about the Crafters of the King group.

St. Clare's Table Tuesday, August 8, 3:30 p.m.

Each month, the Church of Christ the King prepares and serves dinner for about 80 people at St. Clare's Table, located at the Episcopal Church of St. Peter and St. Mary in Denver. Carpooling is available contact Mark with any questions.

Social Justice Conversations Tuesday, August 8, 7:00 p.m. on Zoom

All are welcome to Zoom in and chat!



"This is what the LORD says: "Do what is just and right. Rescue from the hand of the oppressor the one who has been robbed. Do no wrong or violence to the foreigner, the

Caring Connections Continued

fatherless or the widow, and do not shed innocent blood in this place.” Jeremiah 22:3 (NIV)

Our conversation group continues to share, learn, and grow in an effort to create and foster a community where love, human dignity, equality, and compassion are offered to and shared by all God’s children; where all people are honored, protected, and nurtured as beloved children of God.

On August 8, our discussion will focus on what the Bible says about justice. There is no reading or preparation necessary for this discussion and as always, the group will include time for sharing current events.

Recommended: There is still time to sign up for a Sacred Ground Circle this fall. A ministry of the Episcopal Church, Sacred Ground is a sensitive, prayerful resource that creates space for difficult but respectful and transformative dialogue on race and racism. Participants are invited to walk back through history in order to peel away the layers that brought us to today, reflecting on family histories and stories, as well as important narratives that shape the collective American story. It holds as a guiding star the vision of beloved community—where all people are honored and protected and nurtured as beloved children of God. To learn more about this offering click [here](#) or contact [Tracy Methe](#).

Do you have a recommended book, movie, documentary, or other learning opportunity focused on social/racial justice and reconciliation you would like to share? We would love to hear from you and include your recommendation in the Canticle. [Write to us here](#).

Ladies Bunco

Wednesday, August 23, 11:00 a.m.

August LADIES’ BUNCO is Wednesday, August 23, 2023 at 11:00 a.m. in Kempshell Hall. In June, we played singles, the June Bunco Queen was Cathie Craig, Carol Johnson was second place and third place was Andi Smith. Please bring a snack to share. I will provide the soda and paper products. All ladies are welcome and you may bring your friends. If you have any questions contact Kay Seiler.

Open House Craft Day

Saturday, August 26, 10 a.m.—3 p.m.

All crafters are welcome. Feel free to drop in to join us for however long you wish. Bring your current project, lunch (if you wish) and enjoy the fellowship of other crafters.

Arvada Days Festival

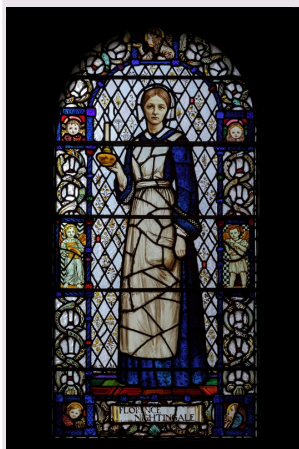


On Saturday, August 19, CTK will be participating in the Arvada Days Festival at Clear Creek Valley Park (58th & Tennyson). We will be hosting

an informational booth from 11am—3pm.

This is an exciting opportunity to reach out to our community to express that All are Welcome to worship at CTK and that we have many opportunities for involvement in various areas. Arvadafestivals.com/arvada-days

Food For Thought



Saturday August 12

The Commemoration of Florence Nightingale

12 May 1820 – 13 August 1910

Florence Nightingale was an English social reformer, statistician and the founder of modern nursing. Nightingale came to prominence while serving as a manager and trainer of nurses during the Crimean War, in which she organized care for

wounded soldiers at Constantinople. She significantly reduced death rates by improving hygiene and living standards. Nightingale gave nursing a favorable reputation and became an icon of Victorian culture, especially in the persona of "The Lady with the Lamp" making rounds of wounded soldiers at night.

Her social reforms included improving healthcare for all sections of British society, advocating better hunger relief in India, helping to abolish prostitution laws that were harsh for women, and expanding the acceptable forms of female participation in the workforce.

[Full Wikipedia article](#) or

Read the article by [James Kiefer](#): *In her diary, an entry shortly before her seventeenth birthday reads: "On February 7th, 1837, God spoke to me and called me to his service."...*

O God, who gave grace to your servant Florence Nightingale to bear your healing love into the shadow of death: Grant to all who heal the same virtues of patience, mercy, and steadfast love, that your saving health may be revealed to all; through Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Worship and Music

Online and In-person Services Available

Sunday Worship - 9:30a.m., hybrid

Our services are currently being held in the church and live streamed on [YouTube](#) along with the opportunity to participate via Zoom.

Contemplative Prayer - Tuesdays at 1:30p.m., hybrid

Rev. Austin will lead this group in Contemplative Prayer. All are welcome to join in the chapel or on Zoom. Not sure what Contemplative Prayer is, check out this [short overview](#). Here are some additional resources: [Anglican Prayer Beads](#) [Spiral Labyrinth](#). **No Contemplative Prayer on the 1st & 8th, will continue meeting on the 15th.**

Compline - Wednesdays, 8:30p.m., Zoom

The service of Compline “completes” the day; it usually takes about 20 minutes. Merri Crawford will be leading this service each week; others are welcome to share leadership with her as you become familiar with this service. Compline is currently held on Zoom. Contact the office for a Zoom invite or see the Weekly Update for a link.

Morning Prayer - Fridays, 8:00a.m., Zoom

Now, you can join in from home through Zoom. Ros Patterson, Jean Thayer and Jessica Starbird will lead the service; others are welcome to lead as you are comfortable.



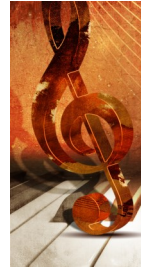
A Musical Note by Andi Smith

As I write this, I am in the middle of my vacation. I offer many thanks to Michelle Bredine and Cathy Atkinson for so willingly filling in for me. As you read this, I have found my place back at the piano and now focus on the return of the vocal and handbell choirs in September. There’s a lot of planning that happens and oftentimes, making those plans is difficult when I don’t know how many to plan for – it makes a huge difference in the types of music I look for. I always look forward to beginning a new season with these wonderful and dedicated people. I now ask you, members of CTK, do you feel called to perhaps join one group or the other? Or if you are particularly adventurous, both groups? The number of singers and ringers have been quite small for a couple of years now. Somehow, we have managed to make things work with those who participate. I do have to say, however, that it would be a lot easier if we had more voices and hands to join us in making joyful noises. Worshipping Voices Choir will begin rehearsals on Thursday, September 7, 2023 at 7 pm. Chi Rho Handbell Choir will begin on Monday, September 11 at 7 pm. If you are interested or have questions, please contact Andi Smith and I will be more than happy to speak with you.

Coming Soon

Singin’ and Snackin’

Friday, August 11, 7:00p.m., Parish Hall



Come join the fun and the next Singin’ and Snackin’ evening! We’ll gather around the piano in the parish hall to sing some old-timey sacred songs. You are encouraged to bring a small snack of any kind to share. After we’ve done the singin’, then we’ll enjoy some fellowship together while snackin’ on shared goodies. All are welcome!

Movie Night

Saturday, August 19, 5:45p.m.

We will be serving up fresh popped popcorn along with *Mamma Mia* (2008) (PG13). All are welcome to come sing and dance to the wonderful music of ABBA!



Beyond Our Walls

Seeing God's Creation Anew: Thinking Big and Small
August 18-20, at Cathedral Ridge.

Join us as we explore new ways of living in relationship with God’s creation, as individuals and as congregations. Our goal is for retreat participants to come away empowered, encouraged, inspired, and connected— prepared to see through a new lens and engage in new ways of being that are grounded in our Christian theology. As part of the Abound series of retreats, the cost to participants is just \$50/per person. For questions, please contact [Missioner Tracy Methe](#), [register here](#).

Sacred Ground Dialogue Circles, Fall 2023



A ministry of the Episcopal Church, Sacred Ground is a sensitive, prayerful resource that creates space for difficult but respectful and transformative dialogue on race and racism. Participants are invited to walk back through history in order to peel away the layers that brought us to today, reflecting on family histories and stories, as well as important narratives that shape the collective American story. It holds as a guiding star the vision of beloved community—where all people are honored and protected and nurtured as beloved children of God.

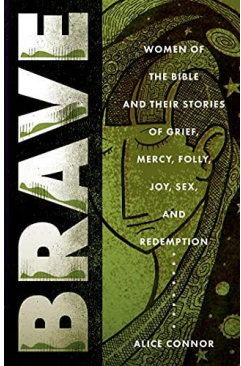
Four circles, hosted by clergy and lay leadership across the diocese, are now open for registration. Episcopalians across the state are invited to participate. Questions? Please contact [Missioner Tracy Methe](#).

[Register for a Sacred Ground Circle](#)
[Learn more about Sacred Ground](#)

Faith Formation

Bible Study Group Tuesdays @ 2:00p.m., hybrid

The Bible Study group, led by Rev. Austin, meets weekly on Tuesdays at 2:00 pm in the chapel and on Zoom. We are currently reading and discussing the Book of Deuteronomy. All are welcome to come. Bring a Bible! **No bible study on the 1st & 8th, will continue meeting on the 15th.**



CTK Book Club Mondays @ 12:30p.m., Zoom

The Book Club will resume on Monday, August 21. We will read: *Brave: Women of the Bible and Their Stories of Grief, Mercy, Folly, Joy, Sex, and Redemption* by Alice Connor. Please read the first 2 chapters for first meeting.

A little about the book: Women are essential to the biblical story--they bear life, lead communities, and testify to God's power and presence. Some of their names we know, others we've only heard, and others, tragically, go unnamed.

Following the success of her beloved book *Fierce*, pastor and provocateur Alice Connor introduces us to a whole new group of women from the Bible, including Rachel, Leah, Miriam, Esther, and Lydia. Connor invites us to see them not as players in a man's story--as victims or tempters--nor as solely morality archetypes who teach women to be better wives and mothers--but as brave foremothers of the faith. Skillfully drawn by the author, these women's stories are messy, challenging, and beautiful. When we read their stories, we can see not only their particular, formidable lives but also our own.

Please contact Jean Thayer or Merri Crawford if you have any questions.

Did You Know . . .

...In our parish hall, there is a laptop where you can go and visit with our online members? There is a large sign on the wall surrounded by flowers and butterflies. It's like a garden where you can just sit and chat. Next time you go in for coffee hour, please stop by and say 'hi' to these vital members of our congregation. They would love to see your faces and hear your voices.

...Gift Cards purchased from RaiseRight, Safeway, and King Soopers earn money for The Church of Christ the King.

Place your RaiseRight order by
Sunday, August 27th!

Parish Life

August Birthdays

We give you thanks, O God, for the gift of life. And we thank you especially for bestowing this gift upon these, your people. Guard them, protect them, uphold them and strengthen them for your service. In Jesus' name we pray. Amen.

Pat Barker	07
Anthony Leininger	11
Daniel Ohamaka	12
Jim Savage	16
Jeneene Lowe	20
Merri Crawford	21
Dave Hatfield	21
Rachel Mondragon	22
Sharon DeLong	25
Liam Matter	30



August Anniversaries

Gracious God, we give you thanks for the gift of love, especially the love that is shared between two people in marriage. Pour your grace upon them, O Lord, that they may be strengthened and sustained in the covenant they share. In Jesus' name we pray. Amen.

Leininger, Austin & Northrop, Jane	02
Atkinson, Jim & Cathy	03
Amidon, Judith & Ken	05
Broderick, Warren & Peggy	12
Webb, Rob & Jamie	22
Elliott, Robin & Stephanie	23
Pladsen, Glenn & Crawford, Merri	25
Bredine, Michelle & Dave	29

Readings for August

August 6—The Transfiguration of Our Lord Jesus Christ
Exodus 34:29-35 Psalm 99:5-9
2 Peter 1:13-21 Luke 9:28-36

August 13—Eleventh Sunday after Pentecost
Genesis 37:1-4, 12-28 Psalm 105:1-6, 16-22, 45b
Romans 10:5-15 Matthew 14:22-33






















August 20—Twelfth Sunday after Pentecost
Genesis 45:1-15 Psalm 133
Romans 11:1-2a, 29-32 Matthew 15:21-28

August 27—Thirteenth Sunday after Pentecost
Exodus 1:8-2:10 Psalm 124
Romans 12:1-8 Matthew 16:13-20

Fixers & Tenders

Will meet August 12. Contact Mike Paugh with any questions.

August Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4  8:00am Morning Prayer	5
6 9:30am Holy Eucharist	7	8 3:30pm pm St. Clare's  7:00pm Social Justice Conversations	9  6:45pm Finance Mtg  8:30pm Compline	10 8:00am Breakfast at the Rising  6:00pm Climate Care Meeting	11  8:00am Morning Prayer 7:00pm Singin' & Snackin'	12 Fixers & Tenders 9:00am
13 9:30am Holy Eucharist	14  10:00am Crafters of the King	15  1:30pm Contemplative Prayer  2:00pm Bible Study	16 10:30am Wor-ship Committee  6:00pm Vestry Mtg  8:30pm Compline	17	18  8:00am Morning Prayer	19 11:00am— 3:00pm Arvada Days Festival 5:45pm Movie Night – Mamma Mia
20 9:30am Holy Eucharist	21  12:30pm Book Club	22  1:30pm Contemplative Prayer  2:00pm Bible Study	23 11:00am Ladies Bunco  8:30pm Compline	24	25  8:00am Morning Prayer	26 10am – 3pm Open house Craft Day
27 9:30am Holy Eucharist	28  12:30pm Book Club	29  1:30pm Contemplative Prayer  2:00pm Bible Study	30  8:30pm Compline	31		