

The Canticle

Christ the King Episcopal Church, 6490 Carr Street, Arvada, CO 80004



Dear Christ the King,

Blessings to you this week! This Thursday, August 6th marks the feast of the Transfiguration. The day that Jesus went up to the mountain to pray with some of his disciples and while he was praying the glory of the Lord confirms Jesus as the Christ, “This is my Son, My Chosen, listen to him!” Jesus was changed before their eyes ultimately revealing his true

self as the Son of God. (see pg. 6, “Food for Thought” section)

It seems appropriate that in a month that is full of changes and transformations in our parish that this passage would lead us in the lectionary.

Thanks to those of you who attended our Town Hall meeting on Sunday, July 25 whether in-person or online. We heard updates from Michelle Bredine, the chair of our Search Committee; our Junior Warden, Mike Paugh and Robert DeLong our Treasurer. Special thanks to the Vestry for set-up, clean-up and the ice cream! We had a great time gathering and you can read Michelle’s updates on pg. 2 of this newsletter and you will find Vestry updates on page 6.

We are still working on updates to our HVAC system. Changes are coming in stages and the Vestry has approved the next phase which involves updating thermostats in the church nave and adding air conditioning (to improve air circulation) in the offices and Kempsall Hall. Our goal is that this work would begin in August but we are dependent on the availability of parts and labor from our HVAC company. More updates on that topic will be shared when we have the information.

There is some water damage in one of the office areas that will be fixed this month as well. As the pandemic lingers we obviously do not know what’s next but we are planning in hopeful anticipation of gathering more fully in-person one day soon. Thus, we continue to work on building repairs and deferred maintenance so when that day comes we will be ready to go.

On Sunday mornings, we continue to meet in the church nave and if you have not attended yet (Sunday at 9:30am each week), and you feel comfortable being in-person, we invite you to join us. Our services have been averaging about 50 people a Sunday, in-person, and we can hold 75 socially-distanced. This week we even reintroduced Prayer Books and Hymnals so we can save on paper. While in the building we still require masks and social-distancing. We continue to offer services live-streamed via YouTube and recorded for those who cannot or do not feel able to attend in-person. Our plan is to keep these online options available and we have invested in the technology and training to maintain this.

As we step into this next phase of our time together let’s remember that Jesus himself was not transformed all at once and that God is with us through all of this.

Rev. Margaret

August 2021

In this Issue

Clergy Letter	1
Search Committee	2
A Musical Note	2
Stewardship Team	3
Worship & Music	3
Parish Life	4
Faith Formation	4
Caring Connections	5
Vestry Corner	6
Food For Thought	6
Beyond our Walls	7
August Calendar	8

CTK Vision Statement:

We believe that God is calling Christ the King to create a spiritual home where

- * *We center ourselves in God, Father, Son and Holy Spirit,*
- * *We build connections among our members and our neighbors, and*
- * *We join with our neighbors in caring for our community and God’s world.*

Website:

www.ctkarvada.org

[Check us out on Facebook!](#)

[We’re also on YouTube!](#)

Worship Services

Sunday, August 1
Holy Eucharist
9:30am - Church & YouTube

Sunday, August 8
Holy Eucharist
9:30am - Church & YouTube

Sunday, August 15
Holy Eucharist
9:30am - Church & YouTube

Sunday, August 22
Holy Eucharist
9:30am - Church & YouTube

Sunday, August 29
Holy Eucharist
9:30am - Church & YouTube

Clergy

**The Rev. Margaret Peel-
Shakespeare**
Interim Priest
rector@ctkarvada.org
303-424-5288

Staff

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Parish Administrator
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Music Director
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Barbara Jennings
Sr. Warden
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Mike Paugh
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Cathie Craig, Prayer Chain
ctkprayerchain@yahoo.com

Michelle Bredine,
Canticle Editor
mbredine@gmail.com

Deadline:

Please submit articles by the
15th of the prior month.

Update from the Search Committee

The Search Committee is currently in the process of compiling your survey responses into the Parish Profile. In addition, we are writing the Church History and a summary of Arvada, as well as, creating a summary of the groups and communities of CTK. Once we complete the Parish Profile, we will send that to the Diocese for review before getting the Vestry's approval to post for the Rector position. We will have some copies of the Parish Profile printed for anyone who would like one along with posting it on the CTK website.

Some of you shared stories in the survey and we would like to include some of those in the Parish Profile, but we'd like to add your name to your story. If you are comfortable having your story as part of the Parish Profile, please let someone from the Search Committee know what your story was about so that we can match it to you.

In addition, we are calling for some more pictures to add to the Profile. If you have any pictures from over the years that you'd like to share, please send those to us via email or mail. If you mail it to us, we'll make sure you get it back. Thank you for all of your support and prayers during this time.

Michelle Bredine

A Musical Note

by Andi Smith

For over a year we had online worship with music that had been recorded. Then we began gathering for in-person worship in June in the upstairs chapel with a limit of 25. Instead of playing recorded music that we had been doing for a year, music was live. At last, I got to hear many voices singing at the same time. And it was wonderful! A number of weeks later, we graduated to our main sanctuary with a 75 person limit. I am back at a real piano hearing more voices singing as one. It's been joyous! Since we've been worshipping in our main space, members of Worshiping Voices Choir has been present to help lead the congregation in the singing of our hymns and songs. And it's been glorious!

During pandemic when Michelle, Barbara, Jeff, and I would meet to record our songs for online worship, there was a nervousness during recording: we wanted everything to be just right so if I played the incorrect notes or the words came out wrong (I won't say we made mistakes . . . I much prefer to say we had 'spontaneous moments of creativity'), we had to rerecord, sneezes (have you ever actually tried to stifle a sneeze?), or there were loud vehicles or sirens going up and down Carr that were picked up, or technology glitches that actually made us have to come in for "emergency" recordings. So much energy was put into wanting the music to sound right, that it was difficult to just let the Spirit be the guide. Finally, I'm back at the piano and learning to trust the Holy Spirit to guide me once again. And it's more wonderful, joyous and glorious than I ever could have imagined!

Greetings From the Stewardship Team



The simplest definition of stewardship is “taking care of something.”

Hello to all our friends at Christ the King!

We are your Stewardship Team and we want to share with you some of our thoughts on stewardship. We also want to say “Thank You!” for your very generous and ongoing support of Christ the King. We truly appreciate it.

Over the next few months, we will be sending you updates about all the wonderful things that can happen with our money when we share with our church. The abundance of blessings that we receive daily are multiplied when we give to our parish and our community. We also want to learn *along with you* how much things cost (think electricity, water, mowing, maintenance and repairs and salaries) for the church. We want to learn about the budget in tiny bites and find out where all our giving actually goes (e.g. pledges vs. the open offering) and share new ideas about giving. We are excited to learn about different ways to donate in addition to the simple action of “passing the plate”.

We want to recognize our amazing volunteers and ponder the incredible value they bring all of us. We want to hear what **this** church, Christ the King, means to you and what you love about sharing God’s bounty with others. We want to know what it means to you to “take care of something.” What speaks to your heart?

We are looking forward to a Giving Campaign this Fall that is filled with joy and love and new **and** old ideas. Look for us at church and in the Canticle, in the weekly CTK newsletter and when needed, through Zoom. We hope that you will seek us out with any questions you have. Please join us as we prayerfully thank God for passage through the past 18 months and ask his guidance and wisdom in all things in support of our church, our community and the world.

Love to all of you,

Mary Beattie, Molly Foley-Healy, Norma Jean Wilson, Karen Barritt, & The Reverend Margaret Peel-Shakespeare

Worship and Music

Online and In –person Services Available

Sunday Worship, 9:30am Our services are now being held in the church with restricted attendance while being live streamed on [YouTube](#). Please check your email for invites to register for this service or call the office to reserve your place.

At this time we ask that you continue to register for service, having an accurate number of attendees helps the Altar Guild, the Parish Administrator and helps the Ushers with attendance which we use for contact tracing. Thank you for all your support as we continue our way forward.

Handbell and Vocal Choir Meetings

Members of the Chi Rho Handbell Choir have been meeting at the Church, please contact Andi for meeting times. Part of the Worshipping Voices Choir or would like to join please contact Andi for more information.

Weekday Services

Compline – Wednesdays, 8:30pm

The service of Compline “completes” the day; it usually takes about 20 minutes. Merri Crawford will be leading this service each week; others are welcome to share leadership with her as you become familiar with this service. Compline is currently held on Zoom. Contact the office for a Zoom invite or see the Weekly Update for a link.

Morning Prayer – Fridays, 8:00am

Now, you can join in from home through Zoom. Ros Patterson, Jean Thayer and Jessica Starbird will lead the service; others are welcome to lead as you are comfortable. Contact the office if interested in joining or use the Zoom link in the Weekly Update.



Parish Life

August Anniversaries

Gracious God, we give you thanks for the gift of love, especially the love that is shared between two people in marriage. Pour your grace upon them, O Lord, that they may be strengthened and sustained in the covenant they share. In Jesus' name we pray. Amen.

Atkinson, Jim & Cathy	03
Amidon, Judith & Ken	05
Tagne, Christian & Tabitha	07
Broderick, Warren & Peggy	12
Webb, Rob & Jamie	22
Elliott, Robin & Stephanie	23
Pladsen, Glenn & Crawford, Merri	25
Bredine, Michelle & Dave	29



August Birthdays

We give you thanks, O God, for the gift of life. And we thank you especially for bestowing this gift upon these, your people. Guard them, protect them, uphold them and strengthen them for your service. In Jesus' name we pray. Amen.

Linda Palmer	04
Pat Barker	07
Daniel Ohamaka	12
Jim Savage	16
Jeneene Lowe	20
Merri Crawford	21
Dave Hatfield	21
Rachel Mondragon	22
Sharon DeLong	25
Liam Matter	30

Readings for August

August 1—Tenth Sunday after Pentecost

2 Samuel 11:26-12:13a	Psalm 51:1-13
Ephesians 4:1-16	John 6:24-35

August 8—Eleventh Sunday after Pentecost

2 Samuel 18:5-9, 15, 31-33	Psalm 130
Ephesians 4:25-5:2	John 6:35, 41-51

August 15—Twelfth Sunday after Pentecost

1 Kings 2:10-12; 3:3-14	Psalm 111
Ephesians 5:15-20	John 6:51-58

August 22—Thirteenth Sunday after Pentecost

1 Kings 8:1, 6, 10-11, 22-30, 41-43	Psalm 84
Ephesians 6:10-20	John 6:56-69

August 29—Fourteenth Sunday after Pentecost

Song of Solomon 2:8-13	Psalm 45:1-2, 7-10
James 1:17-27	Mark 7:1-8, 14-15, 21-23

Fixers & Tenders

Saturday, August 14, 8:30 a.m.

Contact Mike Paugh with any questions.

Faith Formation

Bible Study Group On Summer Break

The Bible Study group will resume meeting Tuesday, September 7th. The Bible Study Group invites all interested to join!



CTK Book Club On Summer Break

The Book Group will resume meeting Thursday, September 9th. Please consider joining us!

Men's Breakfast & Bible Study

The Men's Breakfast and Bible study is anticipating returning in September. Hopefully in Kempshall hall or outside with food and a topic that should be of interest to any and all men. We are tentatively planning on meeting on the first and third Wednesday of the month from 6:30 to 8:00 am but that could change based on participant input and Covid restrictions.

Watch this space for further updates and plan on joining your fellow friends and parishioners for your spiritual growth journey with food for thought! - Tom

Caring Connections



Open Offering for August

Donations will go toward Peck Elementary's brand new STEM Lab (Science, Technology, Engineering, and Math); it would go to enhance their hands-on equipment.

School starts Aug. 17 for students, with teachers back Aug. 10. As of now, they ARE hoping to allow volunteers back into the building this fall, but must follow any updates that might come from Colorado Health Officials. They have been replacing carpeting in all the classrooms this summer.

Crafters of the King

Mondays, August 2 & 16, 10:00am on Zoom

The Crafters of the King meet each month to share a time of supportive fellowship, while working on their individual projects. These may be a personal project or something to be shared, such as prayer shawls for the church, or hats and scarves for the folks who come to The Rising Day Center.

Our meetings will be held by Zoom until further notice; please contact the [church office](#) if you need the link.

Climate Care Group



The next Climate Care meeting is Thursday, August 5th, at 6 PM, in person at the church! Yes, in person! If anyone would like to join us, please feel free to attend, we plan on doing a couple of things - evaluating the projects we have

completed so far, and discussing any future ideas we might have. The purpose of Climate Care is to enable our church to become more environmentally aware, and to complete environmentally sound projects in and around our church, and to have fun doing these things!

Please email Cathy Atkinson if you feel like joining the Climate Care team. ~ Cathy Atkinson

Please bring a lawn chair for our meeting on August 5th.

St. Clare's Table

Tuesday, August 9, 1:30 p.m.

Each month, the Church of Christ the King prepares dinner for about 80 people at St. Clare's Table, located at the Episcopal Church of St. Peter and St. Mary in Denver.



Conversations on Racial Justice & Reconciliation Tuesday, August 10 & 24, 7:00pm on Zoom

"No one is born hating another person because of the color of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love,

for love comes more naturally to the human heart than its opposite." —Nelson Mandela

Please join us as we continue our Conversations on Racial Justice & Reconciliation. Everyone is welcome to join as we seek to learn and live out the Gospel call to work for peace, justice, and reconciliation. During August we hope to focus on social justice in our community of Arvada. We are interested in continuing our discussions with the Arvada Police Department and exploring ways to be active with our Jefferson County Board of Education. We invite your input and suggestions as we go forward. If you wish to explore the topic further, we are offering a very few of the resources which we have found valuable to our learning that racism and racial oppression are more than just individual acts of oppression: They're a system that blocks people of color from opportunities – educational, economic, social, and more—and progress that would allow everyone to live to their full potential.

Books: *White Fragility* and *Nice Racism*, both by Robin DiAngelo; *Stamped from the Beginning* by Ibram X Kendi; *America's Unholy Ghosts* by Joel Edward Goza; *Caste* and *The Warmth of Other Suns* by Isabel Wilkerson. *Four Hundred Souls* is a beautiful community history of Black America by many different writers, curated by Ibram X Kendi and Keisha Blain and *So You Want to Talk about Race* by Ijeoma Oluo.

Anti-RacismDaily is a free online newsletter which explores an overview of current events seen through an anti-racism lens. The free daily newsletter informs how practices embedded in our politics, criminal justice system and workplaces enforce systemic oppression and what you can do about it. <https://www.antiracismdaily.com/>

If you have questions about the group, please contact Karen Barritt or Dan Mondragon. To participate in the ZOOM discussion, find the link in the Weekly Update or contact the church office.

Vestry Corner

Vestry Update

At the July meeting of the Vestry, an update to the Search Committee was presented by Michelle Bredine. They are in process of creating the church’s profile for submission to post for applicants’ review. On July 25 we held a Town Hall meeting where Michelle gave updates and answered questions about the search.

After a report from the Treasurer and the Finance committee, the Vestry approved using the Church’s bank’s Bill Pay feature to pay the church’s bills and other debts. Procedures will be set in place to verify the correctness and applicability of such debts. We will set payroll payments on direct deposit as well. We also approved the Audit Report for 2020 submitted by Kay Seiler. Our finances remain stable.

A report by the Junior Warden, Mike Paugh summarized the costs necessary to improve our air flow in the Nave and other parts of our building. An estimate for repairing water damage in the office area was also presented. The Vestry approved both expenditures for these maintenance actions. We hope that this will facilitate our return to all parts of the building.

The Stewardship Committee was presented by the Vestry as Molly Healy, Karen Barritt, Mary Beattie and Norma Jean Wilson. We appreciate their willingness to take on this task. The Vestry also has started a Shepherds list to contact parishioners. You will be getting calls to give information and take your questions. We will be naming delegates to the Diocesan Conference in October. We will also be considering new items to facilitate our live-streaming of services.

Barbara Jennings, Senior Warden

Treasurer’s Report—July 30, 2021 Vestry Meeting For June 2021 Activity

Total Ordinary Revenue (June, 2021)	\$ 14,089.00 <i>Pledges below budget</i>
Total Expense (June, 2021)	<u>19,576 .00</u> <i>Insurance cost above budget</i>
Net Ordinary Income (June, 2021)	\$ (5,517.00)
Total Year-to-Date Revenue (thru June 2021)	\$ 111,637.00
Total Year-to-Date Expense (thru June 2021)	<u>111,898.00</u> <i>Snow removal above budget</i>
Net Ordinary Income:(thru June 2021)	\$ (638.00) <i>Telephone costs above budget</i>
The Year-to-Date Budgeted Net Income	\$ 1,460.00

**Beginning of year expenses*



Food For Thought

August 6th Transfiguration of our Lord Jesus Christ

Luke 9:28-36: Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two

men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, “Master, it is good for us to be here;

let us make three dwellings, one for you, one for Moses, and one for Elijah” —not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, “This is my Son, my Chosen; listen to him!” When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

Prayer: *O God, who on the holy mount revealed to chosen witnesses your well-beloved Son, wonderfully transfigured, in raiment white and glistening: Mercifully grant that we, being delivered from the disquietude of this world, may by faith behold the King in his beauty; who with you, O Father, and you, O Holy Spirit, lives and reigns, one God, for ever and ever. Amen*

Beyond Our Walls



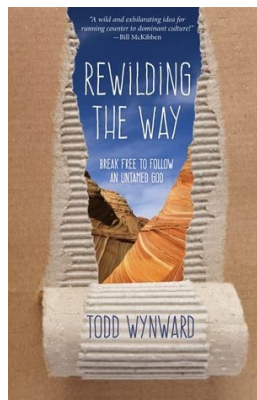
Dismantling Racism: Spiritual Formation for Racial Healing

Are you ready to begin the vital work of racial healing? Have you already begun this work and are looking for the next step in your formation? It is essential to build a spiritual foundation for this work,

whether your work is just beginning or further along, and seeking the next step in equipping your community. Dr. Catherine Meeks, the Absalom Jones Center's executive director, teaches that sustaining a ministry in dismantling racism demands a life-long program in spiritual formation. To this end, she has asked the Rev. Dr. Kenneth Swanson, Chair of the Board at Absalom Jones Episcopal Center for Racial Healing, to develop a new prayer discipline to support those involved in racial healing.

The next class, on Zoom, for leaders and advocates committed to this work, will start on August 30, 2021 and meet for seven sessions. It will meet every two weeks from 4:00 to 6:00 pm MST. Every session will have an hour of small group work to discuss the practice of each discipline, followed by an hour of learning a new discipline and its historical and theological context. For the duration of the course, every participant must commit to attending each two-hour session, dedicate an hour a day to practice the disciplines, do the assigned reading, and keep a prayer journal.

Contact Dr. Ken Swanson at swanson510@gmail.com to register for this series.



Conversation with Todd Wynward

There is another exciting opportunity coming up on Saturday, August 14, at 10:00 am. Taos author Todd Wynward will discuss his book [Rewilding the Way: Break Free to Follow an Untamed God](#). Here's the link for joining: <https://us02web.zoom.us/j/83008940316>.

About the Book: When did we become so tame? How has "the good life" come to mean addiction to screens and status, fossil fuels and financial fitness? Can we break free to become the joyful and prophetic people God calls us to be? Trek along with wilderness guide Todd Wynward as he "rewilds" the Jesus Way. Seek the feral foundations of Scripture and the lessons that the prophets and disciples gleaned from wilderness testing. Packed with inspiring stories of how contemporary people and groups are caring for the land and each other, *Rewilding the Way* issues a call to action.

Read about how reskilling and local food covenants are transforming churches, and how place-based activism and creative housing are nurturing communities. Learn from those who are recovering from "affluenza," replacing visions of personal wealth with the commonwealth of the earth and restoring their humble place in the community of creation. More of Todd's writings and doings can be found at TaosTiLT.org and his Author Page on Facebook: Taos-TiLT.org

Gift Cards Help Support Our Parish!



It's true! Every time you use a gift card purchased here at the church—through Shop with Scrip, Safeway or King Soopers, you help support the ministry of Christ the King. And it's easy to start!

- **Safeway** offers reloadable cards (\$20), available through the [church office](#) (303-424-5288); or Sunday morning contact Jeri Burry. We receive a rebate of 4% every time you reload your card.























- **Shop with Scrip** offers gift cards from hundreds of familiar retailers, in amounts that vary from \$10 to \$500. Rebates to the church range from 1.5% to 18%, depend-

ing on the retailer. Gift cards bought through the Scrip program can be a gift for yourself and the church. The Scrip [mobile app](#) it's even easier to purchase and use e-gift cards everyday. You can print a scrip [order form](#) and mail it to the church with your check or hand it in Sunday to receive a physical card. Scrip orders are placed on the first and third Monday of the Month. Have questions about the Scrip Program contact [Barb Jennings](#)

- For **King Soopers**, you'll need to designate Christ the King as the organization you would like to support by linking your loyalty card at www.kingsoopers.com/i/community/community-rewards, using code **LM 737**.



The money from these gift cards programs is directed to our operating budget and it is a really easy way to help support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2  10:00am Crafters of the King	3 10:00am Funeral Alice Flick  7:00pm Executive Committee Meeting	4  8:00am Men's Bible Study	5 6:00pm Climate Care Team	6  8:00am Morning Prayer	7
8 9:30am Holy Eucharist 11:00am Parking Lot Chat	9  7:00pm Search Committee	10 1:30 pm St. Clare's Prep  7:00pm Conv. On Racial J&R	11  6:45pm Finance Mtg.  8:30pm Compline	12	13  8:00am Morning Prayer	14 8:30am Fixers & Tenders
15 9:30am Holy Eucharist 11:00am Parking Lot Chat	16  10:00am Crafters of the King  7:00pm Search Committee	17  7:00pm Vestry Mtg.	18  8:00am Men's Bible Study  8:30pm Compline	19	20  8:00am Morning Prayer	21
22 9:30am Holy Eucharist 11:00am Parking Lot Chat	23  7:00pm Search Committee	24  7:00pm Conv. On Racial J&R	25  8:30pm Compline	26	27  8:00am Morning Prayer	28
29 9:30am Holy Eucharist 11:00am Parking Lot Chat	30  7:00pm Search Committee	31				