

The Canticle

Christ the King Episcopal Church, 6490 Carr Street, Arvada, CO 80004



Dear Christ the King,

Summer is upon us and so much has happened in the past few weeks. We welcomed Bishop Kym on Sunday, May 15 for a visitation and had a fruitful discussion during coffee hour. Your Vestry has been hard at work preparing for a new phase in the transition both welcoming Rev. Austin and planning my leave. I invite your continued prayers for our Vestry during this process in all that it entails.

Please be sure to join us for a Farewell Celebration on Sunday, June 12 immediately following the service. I welcome the opportunity to say goodbye to you all after church (during coffee hour) that day.

In my time with you all, over the past eighteen months, we have made progress with upgrades to our HVAC system in the nave and we continue to work on completing improved airflow project for the offices and Kempsell hall area. We also returned to in-person worship in church last summer (one year ago!). And we have maintained an online component for folks at home via YouTube. Thank you for being reasonable and allowing for flexibility as we all have managed the process of being church during a global pandemic and learning new skills to make all this happen. Special thanks to Phil Goodman for his commitment to keeping our worship connected to the internet for over a year now! Additionally for those who have helped in the process, Rachel Mondragon, Jessica Starbird and Frank Hester.

The most recent and exciting news is that the carpet project in Kempsell Hall is complete! You all began this several years ago and have been raising funds longer than that. The carpet looks great and the offices also received new carpet and paint as well. Well done and special thanks to Dave Burry, Mike Paugh and all of you who helped move furniture, boxes, paint, etc.! We could not have done this without you.

The main focus of the Interim time has, of course, been on the Rector Search. Special thanks once again to the CTK Search Committee for all their work over the past year. Their efforts have been realized in the hiring of your next rector at CTK and praying for where God's Spirit will lead you.

I want to thank you for the past eighteen months at Christ the King. We have learned a lot together about life, God, and the internet! My prayers are with you all as you welcome your new rector.

Rev. Margaret +

June 2022

In this Issue

Clergy Letter	1
Worship & Music	2
Faith Formation	3
Beyond our Walls	3
Food for Thought	3
Caring Connections	4-5
Vestry Corner	6
Parish Life	6
June Calendar	7

CTK Vision Statement:

We believe that God is calling Christ the King to create a spiritual home where

- * *We center ourselves in God, Father, Son and Holy Spirit,*
- * *We build connections among our members and our neighbors, and*
- * *We join with our neighbors in caring for our community and God's world.*

Website:

www.ctkarvada.org

[Check us out on Facebook!](#)

[We're also on YouTube!](#)

Deadline:

Please submit articles by the 15th of the prior month.

Worship Services

Pentecost Sunday, June 5
Holy Eucharist
9:30am—Church & YouTube

Sunday, June 12
Holy Eucharist
9:30am—Church & YouTube
Potluck Brunch to follow.

Sunday, June 19
Holy Eucharist
9:30am - Church & YouTube

Sunday, June 26
Holy Eucharist
9:30am - Church & YouTube

Clergy

The Rev. Margaret Peel-Shakespeare
Interim Rector

rector@ctkarvada.org
303-424-5288

Staff

Jessica Starbird
Parish Administrator

303-424-5288 office@ctkarvada.org

Ros Patterson
Bookkeeper

303-424-5288
finance@ctkarvada.org

Andi Smith
Music Director

303-430-0611
pianomama64@gmail.com

Barbara Jennings
Sr. Warden

303-466-6222
barbara.jennings@yahoo.com

Mike Paugh
Jr. Warden


720-841-5635
mpaugh2@comcast.net

Cathie Craig, Prayer Chain
ctkprayerchain@yahoo.com

Michelle Bredine,
Canticle Editor
mbredine@gmail.com

Worship and Music

A Musical Note - Andi Smith



“With the changing seasons comes new beginnings.” I read this quote a couple weeks ago and thought about our church life together. We’ve been through a lot since March of 2020. When the pandemic began, it totally shut down everything. In a snap, we had no church services for a few weeks then we learned how to have a service via this strange thing called Zoom. We learned how we could add music to our worship. We had a few services in the parking lot during the summer. We were faced with the retirement of a rector in the midst of this pandemic but were blessed with an interim who brought a new energy that we needed. We gradually and cautiously worked our way back to in-person services that have been live streamed. Now, the season will change again when we say good-bye to Rev. Margaret on June 12 and we welcome our new rector Austin. Each and every change that we’ve experienced is always the start of something new.

Following this changing season concept, both the vocal and bell choirs will be taking a summer break and will resume in the fall. When these groups began to meet last fall, we experienced a drop in the number of participants. I had to do a little bit more work to find music that would accommodate our smaller groups. It was certainly an adjustment, and challenging at times, but no less rewarding than any other time. I invite you to consider joining one (or both) of these groups. Sometimes you just have to step out of your comfort zone and allow yourself to experience something new. If you allow that to happen, I promise you’ll not only be blessed, but you will be a blessing. If anybody has any questions about either group please don’t hesitate to come talk to me, or call, or send an email. I look forward to chatting with you. God bless your journey!

Online and Onsite Services Available

Sunday Worship—Holy Eucharist, 9:30am . Onsite services available and live-streamed on our YouTube channel.

Compline – Wednesdays, 8:30pm, on Zoom.

The service of Compline “completes” the day; it usually takes about 20 minutes. Merri Crawford will be leading this service each week; others are welcome to share leadership with her as you become familiar with this service.

Morning Prayer – Fridays, 8:00am

For at least 15 years, a small group of people has offered Morning Prayer at Christ the King. Now, you can join in from home. We will continue to meet on Zoom with the occasional in-person meeting.

Faith Formation

Bible Study Group

Tuesday, June 7, 2:00pm in the Chapel

There will only be one meeting this month held in the Chapel. Bible Study will resume in July.

Men's Breakfast & Bible Study

Wednesdays, June 1 & 15, 8:00am on Zoom

This group will continue to meet on the first and third Wednesday in June on Zoom. For questions please contact Tom S.

Beyond Our Walls

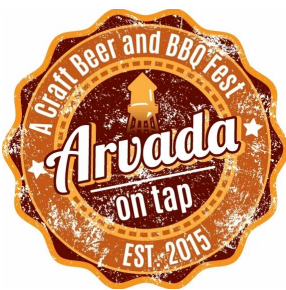


Pride Volunteering

Bishop Kym Lucas will march in the Denver Pride Fest parade with ELCA Bishop Jim Gonia and United Methodist Bishop Karen Oliveto, along with a contingent of parishioners from across Colorado from the three denominations. If you are interested in marching in this year's parade alongside the bishops, please register!

In addition, the Episcopal Church in Colorado will have a booth at Pride Fest on both Saturday, June 25 and Sunday, June 26. Volunteers are needed for 2-hour shifts and will greet visitors to the information booth.

[Click here to find out more or to register for a volunteer shift.](#)



Arvada on Tap

Saturday, June 18, 2022
Ralston Park Addition
(64th & Quail)
12:00 PM - 4:00 PM

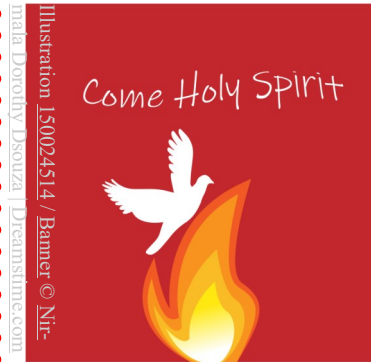
Arvada on Tap (AOT) is a fun outlet for craft beer and BBQ sampling! AOT features craft breweries,

local food, vendors, and great music.

Supporting AOT helps support our community partners and the great services they provide in our community! All proceeds from this event will go to our community partners; Arvada-Jefferson Kiwanis, Arvada Sunrise Rotary and Arvada Vitality Alliance.

[Buy Tickets](#)

Food For Thought



Pentecost

Sunday, June 5

The term means “the fiftieth day.” It is used in both the OT and the NT. In the OT it refers to a feast of seven weeks known as the Feast of Weeks. It was apparently an agricultural event that fo-

ocused on the harvesting of first fruits. Josephus referred to Pentecost as the fiftieth day after the first day of Passover. The term is used in the NT to refer to the coming of the Spirit on the day of Pentecost (Acts 2:1), shortly after Jesus' death, resurrection, and ascension. Christians came to understand the meaning of Pentecost in terms of the gift of the Spirit. The Pentecost event was the fulfillment of a promise which Jesus gave concerning the return of the Holy Spirit. The speaking in tongues, which was a major effect of having received the Spirit, is interpreted by some to symbolize the church's worldwide preaching. In the Christian tradition, Pentecost is now the seventh Sunday after Easter. It emphasizes that the church is understood as the body of Christ which is drawn together and given life by the Holy Spirit. Some understand Pentecost to be the origin and sending out of the church into the world. The Day of Pentecost is one of the seven principal feasts of the church year in the Episcopal Church (BCP, p. 15). The Day of Pentecost is identified by the BCP as one of the feasts that is “especially appropriate” for baptism (p. 312). The liturgical color for the feast is red. Pentecost has also been known as Whitsun or Whitsunday, a corruption of “White Sunday.” This term reflects the custom by which those who were baptized at the Vigil of Pentecost would wear their white baptismal garments to church on the Day of Pentecost. The BCP provides directions for observance of a Vigil of Pentecost, which begins with the Service of Light (p. 227).

<https://www.episcopalchurch.org/glossary/pentecost/>

Jesus said, “You are the light of the world. A city built on a hill cannot be hid. No one lights a lamp to put it under a bucket, but on a lamp-stand where it gives light for everyone in the house. And you, like the lamp, must shed light among your fellow men, so that they may see the good you do, and give glory to your Father in heaven.”

Matthew 5:14-16

Caring Connections



Open Offering for June Cathedral Ridge

A Message from Bishop Kym Lucas

Some of the most transformative and holy conversations of my life have happened at places like Cathedral Ridge – sacred ground, set apart. By stepping away from the distractions of everyday life and immersing myself in the beauty of creation, I find my soul renewed and my spirit restored.

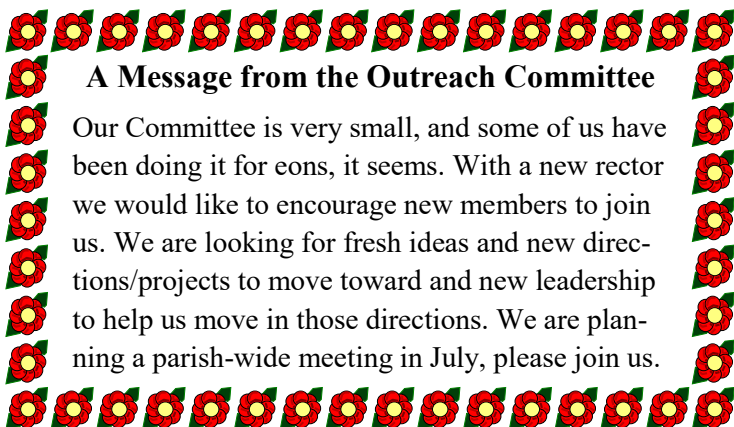
The Episcopal Church in Colorado invested in Cathedral Ridge to provide both a sanctuary and a stimulating environment where people can connect meaningfully with God, with themselves, and with fellow pilgrims. It is a place where we can find rest and restoration for our spirits.

Cathedral Ridge seeks to provide space and programs, welcoming seekers from Colorado, the nation, and the world on journeys of spiritual discovery and interpersonal collaboration. Our vision is that we will offer experiences that transform adults and youth into compassionate and effective community leaders.

I ask you to join with me in this ministry by learning about Cathedral Ridge, asking questions, praying about it, getting involved, and contributing financially according to your means.

[Cathedral Ridge](#) is both a spiritual oasis, and your home away from home.

The Right Reverend Kimberly Lucas
Bishop of Colorado



A Message from the Outreach Committee

Our Committee is very small, and some of us have been doing it for eons, it seems. With a new rector we would like to encourage new members to join us. We are looking for fresh ideas and new directions/projects to move toward and new leadership to help us move in those directions. We are planning a parish-wide meeting in July, please join us.

Crafters of the King

Mondays, June 6 & 20, 10:00am Hybrid Meetings

The Crafters of the King meet each month to share a time of supportive fellowship, while working on their individual projects. These may be a personal project or something to be shared, such as prayer shawls for the church, or hats and scarves for the folks who come to The Rising Day Center.

June will begin hybrid meetings, join us in the Parish Hall or on Zoom. Please contact the [church office](#) if you need the Zoom link.

Conversations on Racism

**Tuesdays, June 14 & 28,
7:00pm on Zoom**

“The challenge is in the moment. The time is always NOW.” James Baldwin

In keeping with our recent learning from the late Congressman John Lewis, we will continue to look for ‘good trouble’ in June. *“Do not get lost in a sea of despair. Be hopeful, be optimistic. Our struggle is not the struggle of a day, a week, a month, or a year, it is the struggle of a lifetime. Never, ever be afraid to make some noise and get in good trouble, necessary trouble.”*

Please join us on June 14 and June 28 on ZOOM as we continue our Conversations on Racial Justice & Reconciliation. What does it mean to live out the Gospel call to work for peace, justice, and reconciliation? How do we follow Jesus’ teachings when the noise around us is too intense to bear? During June we will continue to discuss these important questions, keeping our lens on wisdom from our ancestors, our peers, leaders, and teachers, and keeping our feet on the path of love for all humanity and God’s creation.

What are we talking about?

The horrific shootings in Buffalo, NY, Laguna Woods, CA and Uvalde, TX turned our thoughts to a path of positive action to make our world a safer place for everyone. We will continue to stand up for our brothers and sisters of all ethnic backgrounds, who are being targeted by an increasing white supremacist faction in our country. We will continue to ask our leaders to overcome their differences and make America a place that is safe from rampant gun violence.

What are we watching?

The National Cathedral in Washington, DC sponsored **Love Thy Neighbor: Building Stronger Communities**. The con-

Caring Connections cont.

versation between Dr. Catherine Meeks, Executive Director of the Absalom Jones Center for Racial Healing and David Brooks, columnist, and commentator, is moving and thought provoking. There are so many positive takeaways here. An example is the importance of storytelling as a way of staying connected in conversation, especially in families and friendships where there are widely divergent opinions. Questions such as “how did you come to believe that?” are more likely to elicit life stories than a more offensive (or defensive stance). You can watch on [YouTube](#).

What are we reading?

The Hidden Wound is a book-length essay about racism and the damage it has done to the identity of our country by Wendell Berry. Through Berry’s personal experience, he explains how remaining passive in the face of the struggle of racism further corrodes America’s immense potential. Written in 1970, Berry opens up on how his attempt to discuss racism is rooted in the hope that someday the historical wound will begin to heal.

Blue, Gray and Black: My Service to the Country by Don Cesare includes the story of the writer’s journey to the killing fields of Mississippi Burning where he infiltrated the Ku Klux Klan.

Learning – Discoveries – Actions

Raw Tools is a national organization dedicated to Disarming Hearts – Forging Peace – Cultivating Justice. Learn more about their work [here](#) and read a recent [Episcopal News Service article](#).

Arvada City Council members met in Study Session to on May 10, 2022, to discuss the next steps for the city’s hiring of a Diversity, Equity and Inclusion Taskforce and consultant. According to Arvada Mayor Marc Williams, the city will be moving forward with a plan to have the taskforce assembled and the consultant hired within the next 6-8 weeks. You can watch the Study Session [here](#).

Call your Senator by dialing the United States Capitol switchboard at (202) 224-3121. A switchboard operator will connect you directly with the Senate office you request.

Walk with our Bishop Kym Lucas in the Denver Pride Fest parade. Check out the Beyond Our Walls section on page 3 for more information.

If you have questions or would like to learn more about our conversations group, please call or email kbarritt@comcast.net.

St. Clare’s Table

Tuesday, June 14, 3:00pm

Look for the sign up sheet in the narthex. If you have not been a part of our great crew before, please consider joining us. We have a lot of fun and would welcome any new faces.

Breakfast at the Rising Day Center

Thursday, June 2 8:00am

The next breakfast at The Rising will be Thursday, June 2, at The Rising Church, at 7500 West 57th Ave., in Olde Towne Arvada. We usually arrive at 8 AM, do our meal prep, and start serving at 9, and we usually finish up around 10 AM. If you would like to join us, please email Mary Beattie at ma-beatt@q.com.

Climate Care Group

The Christ the King Climate Care Team will not be meeting formally on Zoom in June. During the summer season, we will continue to maintain our church grounds in an environmentally sound way. Garry’s Garden has been weeded, and several pollinator plants have been added, Bee Balm and Phlox. Pollinator plants attract birds and insects that carry pollen from one plant to another, fertilizing them and enabling them to make fruit and seeds. Pollinator health is essential for our food system and the diversity of life all over the world.



Climate Care Tip: Looking at the effects of heat and extremely hot days, there is a correlation between weather and the type of surfaces that the sunlight touches. Solid surfaces like cement and asphalt increase the air temperature, but vegetation like plants and trees lowers the air temperature. Because concrete tends to absorb and retain heat, areas with multiple sections of concrete can cause a significant increase in air temperature. This increase in air temperature, in turn, can affect the average heat indexes for that

area. Please try to maintain or add to the vegetation that you have, your plants and trees can be temperature and weather changers!



Thank You...

... All the volunteers who helped clean up the church grounds and parish hall.

Vestry Corner

Vestry Update

With the rate of COVID infection above 8%, the Vestry would like to continue to Recommend but not Mandate masking in the building. We will remove the capacity limit, but still encourage social distancing.

In the May Vestry meeting Report of the finances was limited since the offices were emptied for the carpet and painting of Kempself Hall and the offices themselves. The treasurer assured the Vestry things are still within the budget and we have funds to pay moving expenses for the new rector. The report from the property committee confirmed the carpet has been installed and appropriate money allocated. Now that carpet installation and painting are completed, attention is turned to the lighting in the narthex and nave. There is a \$6000 bid to fix them as the pews will have to be moved to complete it. The water heater in the Family bathroom also needs replacement.

The Visit by Bishop Kym Q&A was held in Kempself Hall with great success. Many people asked great questions and the Bishop's answers were very thoughtful and well received. We continue to have coffee hours after services in Kempself Hall. We are grateful to have this space again available to us for these events.

Barbara Jennings
Senior Warden

Treasurer's Report

Treasurers Note for End of Month, May 2022

As of this writing (6/02/22), access to Financial records at the Church, due to painting and carpeting activities and computer difficulties, has been impeded.

I can assure you all that we are in line with our annual budget and that we have adequate funds to support the additional expenses associated with our new rector's moving to Denver.

I also want to thank Larry Healy for agreeing to serve as Asst. Treasurer.

Respectfully,
Rob Jones
Treasurer

Parish Life

June Anniversaries

Gracious God, we give you thanks for the gift of love, especially the love that is shared between two people in marriage. Pour your grace upon them, O Lord, that they may be strengthened and sustained in the covenant they share. In Jesus' name we pray. Amen.

Smith, Bill & Andi	05
Billingham, Richard & Dorothy	15
Mondragon, Dan & Rachel	21
Jones, Rob & Martha	29



June Birthdays

We give you thanks, O God, for the gift of life. And we thank you especially for bestowing this gift upon these, your people. Guard them, protect them, uphold them and strengthen them for your service. In Jesus' name we pray. Amen.

Jamie Webb	02	Bob Ferris	18
Frank Hester	03	Sue Paugh	18
George Baldini	05	Bruce Palmer	20
Jentry Kendall	10	Amanda Roberts	20
Rick Andrews	11	Joe Mazza	26
Steve Barritt	12	David Matter	30
Larry Healy	14		

Readings for June

June 5—The Day of Pentecost
Acts 2:1-21 Psalm 104:25-35, 37
Romans 8:14-17 John 14:8-17, 25-27

June 12—Trinity Sunday
Proverbs 8:1-4, 22-31 Psalm 8
Romans 5:1-5 John 16:12-15

June 19—Second Sunday after Pentecost
1 Kings 19:1-15a Psalm 42 and 43
Galatians 3:23-29 Luke 8:26-39

June 26—Third Sunday after Pentecost
2 Kings 2:1-2, 6-14 Psalm 77:1-2, 11-20
Galatians 5:1,13-25 Luke 9:51-62

June Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1  8:00am Men's Breakfast & Bible Study  8:30pm Compline	2 8:00 Breakfast at the Rising 7:00pm Worshipping Voices	3  8:00am Morning Prayer	4
5 9:30am Holy Eucharist Pentecost Sunday	6  10:00am Crafters of the King (Hybrid)	7 2:00pm Bible Study  7:00pm Executive Committee Meeting	8 6:45pm Finance Mtg  8:30pm Compline	9 7:00pm Worshipping Voices	10  8:00am Morning Prayer	11 9:00am Fixers & Tenders
12 9:30am Holy Eucharist 10:45am Good-bye Brunch	13	14  3:00 pm St. Clare's  7:00pm Conv. On Racial J&R	15  8:00am Men's Breakfast & Bible Study  8:30pm	16	17  8:00am Morning Prayer	18
19 9:30am Holy Eucharist Happy Father's Day  JUNETEENTH	20  10:00am Crafters of the King (Hybrid)	21 6:00pm Vestry Mtg	22  8:30pm Compline	23	24  8:00am Morning Prayer	25
26 9:30am Holy Eucharist	27	28  7:00pm Conv. On Racial J&R	29	30		