

# The Canticle



## Clergy Letter

Alleluia! Christ is risen!  
Happy Easter and happy May, CTK family!

May has come and Mother's Day is rapidly approaching. This month, we continue our Easter Celebration until the Day of Pentecost on the 19th as we also progress through the festive transition from spring into the end of the school year and summer "break" (for our children anyway) at the end of the month—wow that's soon!

As we continue to seek in our liturgies to enter into the mystery of the Resurrection, our readings this month transition to the foreshadowing of the coming of the Holy Spirit on the Day of Pentecost. Called to be resurrection people in our own time and world, we too are also called into the gift of the Holy Spirit and to the work of living as Christ's hands and heart in our word beyond the season of Easter. Over the past month, we've been exploring what it means to live into the mystery of being called as Resurrection people, but the enormity of the occasion is part of why this fifty-day-long season is as long as it is. Christ's disciples struggled to believe that he had been raised until finding Christ alive in their midst. The raising back to life of someone who had been executed and laid for eternal rest in a tomb was no more expected in their time than it is in our own, yet Jesus' followers kept encountering him until they could no longer NOT believe. In the garden outside the tomb, Mary Magdalene came to believe. Locked in the upper room, encountering Jesus twice, the apostles, finally including Thomas, came to believe. On the Emmaus road, two more disciples walked with Christ, who became known to them in the breaking of the bread only to return to Jerusalem and find that Peter too had seen the Lord, and then Jesus was there with them a third time and asked them for some broiled fish to eat. And on the mountain, Jesus bid them all farewell, commissioning them to preach the gospel to all—regardless of nation of origin.

However we may take these stories of faith and divine encounter, the mystery of Easter invites us into God's love as a power stronger than death and the grave, that rekindles hope, light, and life within us. With the outpouring of the Gift of the Holy Spirit on Cornelius' household, who were all Gentiles, this Sunday we are invited to continue to marvel at the love of a God who sees no divisions between God's children, but only sees each of us as beloved and called into divine relationship. From the very beginning, humans have struggled to understand God's love, inclusion, and

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the King Episcopal  
6490 Carr Street  
Arvada, CO 80004

May 2024

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### CTK Vision Statement:

*We believe that God is calling Christ the King to create a spiritual home where*

- \* *We center ourselves in God, Father, Son and Holy Spirit,*
- \* *We build connections among our members and our neighbors, and*
- \* *We join with our neighbors in caring for our community and God's world.*

### Website:

[www.ctkarvada.org](http://www.ctkarvada.org)

[Check us out on Facebook!](#)

[We're also on YouTube!](#)

## Worship Services

Saturday, May 4  
Joyful Celebrations  
5:00pm - Parish Hall

Sunday, May 5  
Holy Eucharist  
9:30am - Church & YouTube

Wednesday, May 8  
Healing Service  
12:00pm—Church & Zoom

Sunday, May 12  
Holy Eucharist  
9:30am - Church & YouTube

Sunday, May 19  
Holy Eucharist  
9:30am - Church & YouTube

Sunday, May 26  
Holy Eucharist  
9:30am - Church & YouTube

### Clergy

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### Deadline:

Please submit articles by the 15th of the prior month.

calling of ALL people. We who are so ready to judge others who are different from ourselves or our expectations have done this to every “out” group throughout the history of the church only to find, time and time again, that the Gift of God’s Holy Spirit continues to be poured out on those we, in our humanness, deem unworthy. How marvelous!

With the coming of the Holy Spirit on Pentecost (“fiftieth day”), this season of Easter will transition from the Mystery of the Resurrection into the triumph of Christ’s life and teachings carried on in those same ordinary disciples whose lives were turned upside down by God’s call. Strengthened by the Holy Spirit, they rose from their crumbled hopes and lives to lead and build the early church, baptizing new members and families in the same way that we continue to do so two-thousand some years later—in the name of the Father, and of the Son, and of the Holy Spirit. With them, we continue to be called into the life and ministry of our Risen Christ, to be ambassadors of God’s abundance and to live out God’s love for ALL people in our world today. We continue to bring Christ to life in our gatherings and our chance encounters, as we work together to change the lives of those around us by the simple and profound gift of loving them.

As we continue to carry on the hopes and dreams of the earliest church, may this season of wrapping our hearts and minds around the mystery of what Christ’s resurrection means to us in the 21st century be a rich and welcome blessing to us. May we continue to pray for and work toward solutions to the struggles of our community and our world. And may we continue to encounter the Risen Christ in all the unexpected corners of our lives.

Blessings,

Austin



## Food For Thought

Mental Health Awareness Month has been observed in May in the United States since 1949. The month is observed with media, local events, and film screenings. Mental Health Awareness Month began in the United States in 1949 and was started by [Mental Health America](https://www.mentalhealthamerica.net/)

### What is mental health and why is it important?

Behavioral health (sometimes called mental health) includes a person’s psychological, emotional and social wellbeing. It shapes the way you think, feel, behave and interact with others. Your mental state also affects how you cope with stress. It’s a vital part of your life, from infancy through adulthood.

### What is a mental health disorder?

Mental (behavioral) health disorders, or mental illnesses, affect the way you think and behave. They change your mood and can make it difficult to function at home, work, school or in your community.

It’s important to note that having poor mental health doesn’t always mean you have a behavioral health disorder. You can also have a behavioral health disorder and still go through long periods of good mental health.

For more info visit: <https://my.clevelandclinic.org/health/diseases/22295-mental-health-disorders>

## Faith Formation

### Contemplative Prayer Tuesdays at 12:00p.m., hybrid

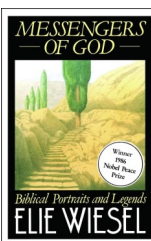
Rev. Austin leads the group in a twenty minute session of Contemplative Prayer. All are welcome to join in the parish hall or on Zoom. On the first Tuesday of the month at 11:30a.m. Rev. Austin will answer your questions about Contemplative Prayer.



### Bible Study Group Tuesdays at 12:30p.m., hybrid

The Bible Study group, led by Rev. Austin, meets weekly on Tuesdays at 12:30 pm in the chapel and on Zoom. We will be finish reading and discussing the First and Second Book of Kings. All are welcome to come. Bring a Bible!

### CTK Book Club Thursdays @ 3:00p.m. on Zoom



During the month of May, we are going to be reading Messengers of God: Biblical Portraits and Legends by Elie Wiesel. This is the Nobel winner's classic look at Job and seven other Biblical characters as they grapple with their relationship with God and the question of His justice. Please contact Jean Thayer or Merri Crawford if you have any questions or for more information.

“[Elie] Wiesel has never allowed himself to be diverted from the role of witness for the martyred Jews and survivors of the Holocaust, and by extension for all those who through the centuries have asked Job's question: ‘What is God doing and where is His justice?’ Here in a masterful series of mythic portraits, drawing upon Bible tales and the Midrashim (a body of commentary), Wiesel explores ‘the distant and haunting figures that molded him’: Adam, Cain and Abel, Abraham and Isaac, Jacob, Joseph, and Job. With the dramatic invention of a Father Mapple and the exquisite care of a Talmudic scholar, Wiesel interprets the wellsprings of Jewish religious tradition as the many faces of man's greatness facing the inexplicable. In an intimate relationship with God it is possible to complain, to demand. Adam and Eve in sinning ‘cried out’ against the injustice of their entrapment; Cain assaulted God rather than his brother; and Abraham's agreement to sacrifice his son placed the burden of guilt on Him who demanded it. As for Job, Wiesel concludes that he abdicated his defiance as did the confessing Communists of Stalin's time to ‘underline the implausibility’ of his trial, and thus become the accuser. Wiesel's concern with the imponderables of fate seems to move from strength to strength.” —Kirkus Reviews

## Worship and Music



### Online and In-person Services Available

Sunday Worship, 9:30a.m. This service is available onsite and live-streamed on [YouTube](#) along with the opportunity to participate via Zoom. Contact the office or see the Weekly Update for a Zoom link.



### Weekday Services

#### Compline – Wednesdays, 8:30p.m.

[YouTube](#) The service of Compline “completes” the day; it usually takes about 20 minutes. Merri Crawford will be leading this service each week; others are welcome to share leadership with her as you become familiar with this service. Compline is currently held on Zoom. Contact the office for a Zoom invite or see the Weekly Update for a link.

#### Morning Prayer – Fridays, 8:00a.m.

Now, you can join in from home through Zoom. Ros Patterson, Jean Thayer and Jessica Starbird will lead the service; others are welcome to lead as you are comfortable.

#### Healing Service - Wednesday, May 8th, Noon

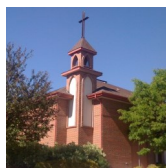
A Healing Service will be offered once a month on Wednesdays at noon. This service is offered in person and on Zoom.



### Joyful Celebrations Service Saturday May 4, 5:00p.m.

Christ the King Episcopal Church is thrilled to invite you and your loved ones to our upcoming Joyful Celebrations Service. This family friendly service is open to all, and promises to be an unforgettable experience filled with uplifting music and inspiring stories. We can't wait to come together as a community and celebrate the joy of life, love, and faith. Don't miss out on this incredible opportunity to connect with others and experience the power of togetherness.

## Caring Connections



### Open Offering and Outreach for May

All open offering donations will go to the General Fund as we continue to close the gap in our budget. We thank you for your generosity.

The Outreach Committee is looking to hear from you about the CTK Neighborhood dinner. Survey's can be found in the narthex.

### Breakfast at The Rising Thursday, May 2, 8:00a.m.

Christ the King will be serving breakfast at The Rising in Olde Town Arvada on Thursday, April 4. All are welcome to help. Please contact Mary Beattie if interested.



### Climate Care Group Thursday, May 2, 6:00p.m.

In the April 21st, Perspective section of The Denver Post, there was an article entitled "Producer Responsibility should improve state's recycling rate", by Katherine Goff, President of Colorado Communities for Climate Action, and Kevin Bommer, executive director of The Colorado Municipal League. With Colorado recycling only being at 16%, less than half of the national average, there is a newly adopted Producer Responsibility program, the third of its kind in the USA, that will provide automatic recycling services to people living in urban or rural areas, that will also have a standardized list of acceptable materials to be recycled throughout the state. This new program will be funded by the consumer brands or producers who sell those products in Colorado.

If you see any more information about this program, please let Climate Care know so we can keep everyone at Christ the King current about the specifics of this exciting new policy!

Thank you for all the environmentally friendly things that you do to help protect and preserve our planet Earth!

Please email Cathy Atkinson if you would like to join us, at [jatkin2295@aol.com](mailto:jatkin2295@aol.com).

### St. Clare's Table Tuesday, May 7, 3:30 p.m.

Each month, the Church of Christ the King prepares and

serves dinner for about 80 people at St. Clare's Table, located at the Episcopal Church of St. Peter and St. Mary in Denver. Carpooling is available contact Glenda.



Handmade

### Crafters of the King 2nd Monday and 4th Saturday of the Month

The Crafters are enjoying our regular monthly meetings. We will have time to visit and work on our projects.

If you are a crafter or a quilter, we invite you to join us as we meet to

work on various projects. We will continue our focus in the following areas:

- Knitting or crocheting prayer shawls for individuals who are going through difficult times and might feel comforted from having one of these blessed items.
- Creating warm hats and scarves for individuals served by The Rising and St. Clare's outreach programs.
- Completing various craft projects for sale at our annual Craft Fair.
- Working on our own individual projects (bring your coloring if you just want to socialize).

Craft skills include knitting, crocheting, needlework, quilting, jewelry making, and other creative arts. We always have a wonderful time together visiting and helping each other as needed. Our friendships have deepened, and we derive true satisfaction from being productive and helping our church community.

The Crafters always welcome new members. We hold our meetings as follows:

- The CTK Crafters regular monthly meeting is held on the second Monday of each month (May 13, 2024 from 10:00 a.m. until 12 noon) in Kempshell Hall. We are planning to work on our projects either new or current.
- The Quilters and Crafters Open House Craft Day is held on the fourth Saturday of each month (May 25, 2024 from 10 a.m. until 1:30 p.m. – **NOTE time change**) in Kempshell Hall. Feel free to drop in to join us for however long you wish. You can bring a lunch with you if you wish and enjoy fellowship and an amazing look into the world of quilting and crafting!

Please contact Pat Barker, Peggy Broderick or Kay Seiler for more information about the Crafters of the King group.

### Ladies Bunco Wednesday, May 15, 11:00a.m.



May LADIES' BUNCO is Wednesday May 15, 2024 at 11:00 a.m. in Kempshell Hall. Our March Bunco Queen was Cathie Craig, sec-

# Caring Connections Continued

ond place was Jeri Burry and third place was Kay Seiler. Please bring a snack to share. I will provide the soda and paper products. All ladies are welcome and you may bring your friends. If you have any questions contact Kay Seiler.

## Open House Craft Day May 25, 10:00a.m.—1:30p.m.

Feel free to drop in to joins us in Kempzell Hall on May 25th, crafters will be in the hall from 10:00 a.m. to 1:30 p.m. (Note the time change) join in for however long you wish. Bring a lunch and enjoy fellowship and the joy of shared creativity.



## Social Justice Conversations Tuesday, May 28, 2024 5:30p.m. on Zoom All are welcome to Zoom in and chat!

We are pleased to invite you all to come to this special meeting when Daniel and Rachel Mondragon will share experiences from their recent trip to Montgomery and Birmingham, AL, where they joined with other Colorado Episcopalians on a civil rights/racial healing pilgrimage. Watch the Thursday Update for more information as we get closer to May 28.

The group is continuing to read *My Body Is Not a Prayer Request: Disability Justice in the Church*, by Amy Kenny, as we explore further ways to broaden our understanding of being a beloved church to all.

Here are four books in the field of civil rights, for your consideration, recently recommended by our group members:

1. *John Lewis: In Search of the Beloved Community*, by Raymond Arsenault: a biography of the beloved civil rights Congressman.
2. *Between the World and Me*, by Ta-Nehisi Coates. Coates writes to his son about answers to questions around slavery, segregation and race relations in America today.
3. *Lincoln's Bishop: A President, a Priest, and the Fate of 300 Dakota Sioux Warriors* by Gustav Niebuhr. The "Bishop" refers to Henry Benjamin Whipple, Minnesota's first Episcopal bishop, who met with President Lin-

coln 1862 in an effort to intervene on the side of justice and mercy in the uprisings between Dakota Sioux and pioneering families.

4. *Reading the Constitution: Why I Chose Pragmatism, Not Textualism*, by Stephen Breyer, Associate Justice, U.S. Supreme Court from 1994-2022, about his philosophy of interpreting the Constitution.

These books can be found at Jefferson County Library.

## Food Pantry

Bring your food on Sunday morning and place it in the basket next to the soundboard. The ushers will take the basket up along with the collection plates. After the service the food is taken to the kitchen and placed in plastic bins.

## Assistance for the Hearing Impaired

Bring your FM radio and headphones and hear the entire service in crystal clear tone on channel 87.7. If you don't have a radio, please ask the usher for a radio you can use during the service. You can use these with provided headphones or with your own personal headphones.



# Hospitality



## Pickleball!! Who wants to learn?

Are you curious about America's fastest growing sport, pickleball? A group of enthusiastic pickleball fanatics

is coming together to organize a fun pickleball event! We invite you to join us after church on May 19 as we head to the pickleball courts located on 82nd and Simms. Please note that there is a rental fee charged by Apex for the courts, so we kindly ask for a small donation to cover this cost. Let's come together for a day of fun, camaraderie, and some exciting pickleball matches!. Please look for a signup sheet in the narthex or talk to Mary, Amanda, Diane, Martha or Rob.

## Family Movie Night Saturday, May 18, 5:45p.m.

Doors open at 5:45p.m. to allow time to get snacks and seats. Movie starts at 6:00p.m. Fresh popped popcorn and other snacks are provided. All are welcome. Our May movie is Wallace & Gromit: The Curse of the Were-Rabbit (2005) (G)



## Parish Life

### Birthdays

We give you thanks, O God, for the gift of life. And we thank you especially for bestowing this gift upon these, your people. Guard them, protect them, uphold them and strengthen them for your service. In Jesus' name we pray. Amen.

Harvey Knight	10
Chris Linden	10
Mary Beattie	13
Robert DeLong	14
Sandy Northrop	15
Mary Bishop	19
Mike Paugh	21



### Wedding Anniversaries

Gracious God, we give you thanks for the gift of love, especially the love that is shared between two people in marriage. Pour your grace upon them, O Lord, that they may be strengthened and sustained in the covenant they share. In

Kama Linscome & Harry Mitchell	May 04
Dane & Jessica Starbird	May 28

*Happy Anniversary!*

### Fixers & Tenders

Saturday, May 11 at 9:00a.m.

### Readings for May

#### May 5 - The Sixth Sunday of Easter

Acts 10:44-48      Psalm 98  
1 John 5:1-6      John 15:9-17

#### May 12 - The Seventh Sunday of Easter

Acts 1:15-17, 21-26      Psalm 1  
1 John 5:9-13      John 17:6-19

#### May 19 - The Day of Pentecost

Acts 2:1-21      Psalm 104:25-35, 37  
Romans 8:22-27      John 15:26-27; 16:4b-15

#### May 26 - The First Sunday after Pentecost

Isaiah 6:1-8      Canticle 13  
Romans 8:12-17      John 3:1-17

Place your RaiseRight order by  
Sunday, May 26th!

### Believe Out Loud Update



The Believe Out Loud Welcoming Taskforce is resuming our planning meetings now that our Lenten series has come to a close.

The next steps in the welcoming process include gathering some feedback from you all to help inform the vestry, followed by the vestry's vote on whether CTK is ready to become a Believe Out Loud Parish.

To ensure anonymity, we have set up a survey on the [CTK website](#) within the Believe Out Loud section. Your participation is greatly appreciated. Remember to complete the survey by clicking the **submit survey** button at the end. Surveys can be found in the narthex for those who prefer paper and pen. Please complete your survey by Sunday, May 5.

Thanks for taking the time to answer these few short but important questions! The BOL Welcoming Taskforce will be meeting before May's vestry meeting to synthesize the information you've provided and pass it along to the vestry before their vote.

Happy Easter! (Alleluia, Christ is Risen!)  
Welcoming Taskforce

## Beyond Our Walls



### Pride Fest

Saturday, June 22 and Sunday, June 23

The Episcopal Church in Colorado will have a booth at Pride Fest on both Saturday, June 22 and Sunday, June 23. Volunteers are needed for 2-hour shifts and will greet visitors to the information booth.

Bishop Kym Lucas will march in the Denver Pride Fest parade with ELCA Bishop Jim Gonia, along with a contingent of parishioners from across Colorado from Episcopal, ELCA Lutheran, Presbyterian, and Methodist churches. If you are interested in marching in this year's parade alongside the bishops, please register!

Contact Glenda Luttrell if you have any questions or need assistance registering to march in the parade on Sunday or if you're interested in volunteering for a 2 hour shift at the booth on Saturday or Sunday.

T-shirts are available in advance for \$10. Carpooling from CTK for the parade will be available. Let's make a great show of support from CTK this year!!!

[Sign Up Here](#)

# Vestry Corner

## Vestry Update

Vestry Corner for April 2024

The financial report for March was an improvement. With Easter in March, we see that the deficit was now about \$6000. We thank you for your support. Please continue to pay your pledges to enable our ability to continue our maintenance of the building and fund our programs. What we do is only because of your support.

Mirror Image Arts (MIA) has a floor plan, but we haven't seen them. We will invite the congregation to have input in the process. MIA is very empathetic to the concerns of CTK. More information will follow. The Believe Out Loud taskforce is looking for information and advice for the Vestry with a survey for the congregation. This will be conducted before the Vestry takes it vote on our participation. Look for more information. The Capital Campaign to improve the lights in the Nave has been postponed until May for now. The Community Presence Committee did participate in a Kite Festival on April 14. Joyful Celebrations Service is scheduled for May 4, at 5:00 pm. Worship committee is also planning an outdoor service for Father's Day.

Other things we talked about. As we were checking in about our Mutual Ministry Review, there was a desire to reinstate the bread ministry to newcomers. A Faith based Community helping with the homeless was mentioned that is to occur on May 9. A concern about the civil rights violations happening in Gaza. There was a motion to make a statement, maybe through the Diocese, about the genocide in Gaza.

Barbara Jennings, Senior Warden

## Treasurer's Report Income/Expense Report

### March 2024 MTD

Total Ordinary Revenue	\$28,498.42
Total Expenses	\$22,155.85
Net Ordinary Income (Loss)	<b>\$6,342.57</b>

### March 2024 YTD

Total Ordinary Revenue	\$67,450.60
Total Expenses	\$73,408.00
Net Ordinary Income (Loss)	<b>(\$5,957.40)</b>



Left: Easter baskets in progress. Right: Some camera shy volunteers. Below: A few finished Easter Baskets.



### Easter Basket Success!

Thank You to Kama Linscome, Diane Mickelson, Beth Hester, Jessica Starbird, Ros Patterson, Cathie Craig, and Kay

Seiler. For all the contributions and help in making and delivering Easter baskets to our members unable to join us in person. They were greatly appreciated and generated phone calls of appreciation and some wonderful Thank You notes from our recipients. Good job everyone!

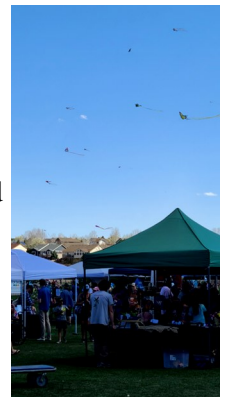


Thank You to Glenda Luttrell for representing CTK!

On April 14th the Community Presence Committee hosted a table at

The Arvada Kite Festival. The weather was perfect and the event was very well attended. Glenda had the opportunity to

visit with many nice folks who stopped by to pick up fun give-a-ways & information about the various goings-on at Christ the King. It was definitely a day well spent!

































Thank You to the Altar Guild for the amazing and beautiful center pieces at Easter Brunch. Your generosity is greatly appreciated.

Thanks and heart-felt gratitude to Dave Burry for all your help cleaning up water in the library and your work on fixing the sprinkler system leak.

Thank you Kay Seiler for all your office help.

# May Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1   8:30pm Compline	2 8:00am Break- fast at the Rising  3:00pm Book Club  6:00pm Climate Care Meeting 7:00pm Wor- shipping Voices	3  8:00am Morning Prayer	4          5:00pm Joyful Celebrations Service
5 9:30am Holy Eu- charist 11:15pm Exec Cmmte Mtg	6   4:00pm Believe Out Loud  7:00pm Chi Rho Bell Choir	7  11:30am What is Contem- plative Prayer  12:00pm Contemplative Prayer  12:30pm Bible Study  3:30pm pm St. Clare's	8 10:30am Wor- ship Committee 12:00pm Heal- ing Service   6:45pm Finance Meet- ing  8:30pm Compline	9   3:00pm Book Club  7:00pm Wor- shipping Voices	10  8:00am Morning Prayer	11 9:00am Fixers & Tenders
12 9:30am Holy Eu- charist  	13 10:00am Craft- ers of the King  7:00pm Chi Rho Bell Choir	14  12:00pm Contemplative Prayer  12:30pm Bible Study	15 11:00am Ladies Bunco  6:00pm Vestry Mtg   8:30pm Compline	16   3:00pm Book Club  7:00pm Wor- shipping Voices	17  8:00am Morning Prayer	18   5:45pm Movie Night – Wallace & Gromit: Curse of the Were-rabbit (2005) G
19 9:30am Holy Eu- charist— Pentecost ( <i>wear your red</i> )  Pickle Ball Event	20  7:00pm Chi Rho Bell Choir	21  12:00pm Contemplative Prayer  12:30pm Bible Study	22 10:00am Out- reach Commit- tee   8:30pm Compline	23   3:00pm Book Club  7:00pm Wor- shipping Voices	24  8:00am Morning Prayer	25 10:00am – 1:30pm Open House Craft Day
26 9:30am Holy Eu- charist	27   Happy Memorial Day – Office Closed	28  12:00pm Contemplative Prayer  12:30pm Bible Study   7:00pm So- cial Justice Con- versations	29           8:30pm Compline	30           3:00pm Book Club	31	